

## ADVANCED PEER SUPPORT TRAINING FOR PUBLIC SAFETY

IN PARTNERSHIP WITH AZUSA POLICE DEPARTMENT

As a peer supporter, it is common for you to think, "I don't know how to help, manage, or assess this situation." This one-day training is designed to eliminate the concern of providing support when the issue is uncomfortable. We will critically examine scenarios in which peer support members might find themselves. A brief lecture will be given to introduce the topic and the remainder of the class will be devoted to tabletop and class discussions. Make sure you are prepared to assess, discuss, share your experiences, and learn from others.

IN THIS FAMILY

Topics will include helping a peer with:

- Sex / Porn addiction
- Divorce and custody situations
- Workers' compensation
- Eating disorders
- Chronic suicidal ideation
- Chronic illness and end of life
- Domestic violence



## PRESENTER



Heather Williams, PsyD.

Consultant, Embassy Consulting Services, LLC Owner, Premier First Responder Psychological Services

After spending the last 20 years responding to critical incidents in partnership with law enforcement and 5 years with the Orange County Sheriff's Department as the Regional Peer Support Coordinator, Heather elected to take her passion to another level and in 2019, established Premier First Responder Psychological Services. As a licensed psychologist, Heather has committed to serve and protect public safety and their family members by providing exceptional culturally competent services. She provides individual, couples and EMDR therapy, 24/7 crisis response services, critical incident debriefing, peer support development, oversight, training/presentations, consultation and active shooter response and recovery coordination/crisis response services.

## EMBASSY STRATEGIC PARTNER



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